

the Bean

Lunch October 5th

snack attack

Spanakopita

feature of the day

Moroccan Beef
Tagine

starch of the day

Pita Bread with
Dukkha spice

Fresh Vegetables
of the
Season

Vegan
Dairy Free
Gluten Free

Chick Pea Stew

Falafel

Super Food &
Salad Station

Cereal
& Granola Bar

Panini
& Wrap Counter

Soup
of the Day

the Bean

Dinner October 5th

snack attack

Mixed Fry Up

feature of the day

Sticky Chicken Thigh

Bao Buns

starch of the day

Fried Rice

Fresh Vegetables
of the
Season

Vegan
Dairy Free
Gluten Free

Teriyaki
Squash

Vegetable
Rice Noodle

Super Food &
Salad Station

Cereal
& Granola Bar

Panini
& Wrap Counter

Soup
of the Day