

the Bean

Lunch October 4th

snack attack

Yam fries

feature of the day

Teriyaki
Glazed
Chicken

starch of the day

Steamed Rice

Fresh Vegetables
of the
Season

Vegan
Dairy Free
Gluten Free

Tofu
& Broccoli

Vegetable Fried
Rice Noodles

Super Food &
Salad Station

Cereal
& Granola Bar

Panini
& Wrap Counter

Soup
of the Day

the Bean

Dinner October 4th

snack attack

Mozzarella Sticks

feature of the day

Spaghetti and
Meatballs

starch of the day

Rosemary
Butternut Squash

Fresh Vegetables
of the
Season

Tomato Basil sauce

Vegan
Dairy Free
Gluten Free

Gluten Free
Pasta

Super Food &
Salad Station

Cereal
& Granola Bar

Panini
& Wrap Counter

Soup
of the Day